

Flusip COLD & FLU[®]

Flusip COLD & FLU[®] :

Acetaminophen 650mg / Phenylephrine HCl 10mg

WHAT YOU SHOULD KNOW ABOUT THIS MEDICINE?

Read all of this leaflet carefully because it contains important information for you.

This medicine is available without a prescription. However, you still need to use Flusip COLD & FLU[®] carefully to get the best results from it.

- Keep this leaflet you may need to read it again.
- Ask your pharmacist if you need more information or advice
- You must contact your doctor if your symptoms do not improve after three days
- If any of the side effects get serious or if you notice any side effects not listed in this leaflet, please tell your doctor or pharmacist.

In this leaflet:

- 1) What Flusip COLD & FLU[®] is and what it is used for?
- 2) Before you take Flusip COLD & FLU[®] :
- 3) How to take Flusip COLD & FLU[®] ?
- 4) Possible side effects of Flusip COLD & FLU[®] :
- 5) How to store Flusip COLD & FLU[®] ?

1) What Flusip COLD & FLU[®] is and what it is used for?

Flusip COLD & FLU[®] contains Acetaminophen, phenylephrine Hcl.

Acetaminophen is a pain killing drug that also helps to reduce your temperature when you have a fever. Phenylephrine HCl is a decongestant medicine.

Flusip COLD & FLU[®] provides relief from the symptoms of headache, pain, flu, fever and nasal and sinus congestion.

2) Before you take Flusip COLD & FLU[®] :

NOT take Flusip COLD & FLU[®] if you:

- Are allergic to Acetaminophen, or any of the other ingredients used in this product.
- Are under 12 years old
- Are taking any other Acetaminophen containing products
- Suffer from severe liver or kidney problems

Take special care with Flusip COLD & FLU[®] :

- If your symptoms continue you should consult your doctor. You should not use this medicine for more than 7 days except on the advice of your doctor or pharmacist.
- If you suffer from inherited sugar intolerance or sugar absorption problems, tell your doctor or pharmacist.
- If you have a severe infection as this may increase the risk of metabolic acidosis. Signs of metabolic acidosis include:
 - Deep, rapid, difficult breathing
 - Nausea, vomiting
 - Loss of appetite

Taking other medicines with Flusip COLD & FLU[®] :

If you are taking or have recently taken any other medicines, including other medicines obtained without a prescription, tell your pharmacist or doctor before taking Flusip COLD & FLU[®] – especially:

- Medicines that you have bought yourself such as cough/cold remedies and other painkillers. Many of these will contain acetaminophen and must not be taken when you are taking Flusip COLD & FLU[®].
- An antibiotic called chloramphenicol
- Medicines that thin the blood such as warfarin. Acetaminophen may increase their effect.
- Metoclopramide or domperidone used to treat nausea and vomiting
- Cholestyramine used to lower your blood cholesterol
- Any other medicines that might affect your liver. Always check the leaflet that comes with your other medicine.

Pregnancy and Breastfeeding

Flusip COLD & FLU[®] may be taken during pregnancy or breastfeeding. Ask your doctor or pharmacist for advice before taking this medicine.

3) How to take Flusip COLD & FLU[®] ?

- Adults (including elderly) and children aged 12 years and over:
 - Dissolve one sachet of Flusip COLD & FLU[®] in a cup or mug of hot water; Sip while hot .
 - Take one sachet every 4 to 6 hours.
 - Do not take more frequently than every 4 hours.
- Do not take more than 6 sachets in 24 hours.
- NOT SUITABLE FOR CHILDREN UNDER 12 YEARS OF AGE.
- Do not exceed the stated dose. If symptoms persist consult your doctor. Prolonged use without medical supervision may be harmful. This product should be used when clearly necessary.

What should I do if I forget to take a dose?

Do NOT take a double dose to make up for a dose you have forgotten. You must allow at least 4 hours between doses.

WHAT SHOULD YOU DO IF YOU TAKE TOO MANY SACHETS OF Flusip COLD & FLU[®]?

Immediate medical advice should be sought in the event of an overdose because of the risk of irreversible liver damage.

Contact your doctor immediately and say exactly how much you have taken. Your doctor will advise you what to do. It is important to contact your doctor even if you feel well.

4) Possible side effects of Flusip COLD & FLU[®] :

Like all medicines, Flusip COLD & FLU[®] can have side effects, although not everybody gets them.

Stop taking this medicine and tell your doctor immediately if:

- You experience an allergic reaction such as skin rash or itching, sometimes with swelling of the lips, tongue, throat or face.
- You experience a skin rash or peeling of the skin, which may be accompanied by mouth ulcers.
- You have previously experienced breathing problems with aspirin or non-steroidal anti inflammatory and experience a similar reaction to this product.
- You experience unexplained bruising or bleeding.

5) How to store Flusip COLD & FLU[®] ?

- Keep out of the reach and sight of children
- Do not use this medicine after the expiry date (EXP) which is stated on the outer carton and sachets. The expiry date refers to the last day of that month.
- Do not store this medicine above 30°C. Protect from humidity.