



NOVIXIL[®] 2.5

 **Minoxidil** Oral Scored Tablets

Revive, Regrow, Renew



NO scalp irritation



NO hair texture & color change



NO hair look oily & sticky



Oral form

VS



Topical form

More efficacy due to lower need for follicular sulfotransferase enzyme activity

Demonstrating lower efficacy in promoting hair follicle growth

Taken once daily, simple routine

Requires twice-daily application

Promotes uniform hair density

Results vary depending on application coverage



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+98 21 88213979

Low Dose of Oral Minoxidil (LDOM):

Many forms of alopecia are off-label indications for oral minoxidil. Recently, multiple studies have explored using **low-dose oral minoxidil (<5 mg daily)** for treating many forms of alopecia, including **male-patterned** and **female-patterned** hair loss, to treat hair loss without adverse reactions.

The low adverse-effect profile of low-dose oral minoxidil aids in long-term adherence to treatment and positive clinical response.⁽²⁾

Oral Minoxidil Dosage for alopecia treatment:



Female-Pattern alopecia

0.5 - 2.5 mg per day.

This dose should be started at the lowest dose and increased only if necessary.

It is usually prescribed for a minimum period of 6 months.



Male-Pattern alopecia

1.25 - 5 mg per day.

Initial doses of 1.25 mg/day can be tried, but if there is no response after six months, a higher dose (2.5 to 5 mg/day) may be needed.

Oral minoxidil at very low doses (0.25 mg/day) **is not recommended in men** because studies have not found it effective.^{(1),(3),(4)}

Hypertrichosis:

Side effects occur less frequently with Low Doses of Minoxidil than with high doses (therapeutic doses for hypertension).

- A common side effect of minoxidil is Hypertrichosis. **Hypertrichosis** is more common among patients taking 5 mg daily, occurring in more than half of these patients. A dose of 0.25 mg has the lowest incidence of hypertrichosis (less than %10 of patients).
- Patients prefer to manage hypertrichosis with hair removal methods while continuing therapy, provided that they can appreciate the benefits of Low-Dose Oral Minoxidil.⁽⁵⁾

References:

1. <https://hairverse.com/oral-minoxidil/> 2. <https://www.ncbi.nlm.nih.gov/books/NBK482378> 3. <https://www.ncbi.nlm.nih.gov/books/NBK482378/> 4. Minoxidil - StatPearls - NCBI Bookshelf/ 5. <https://pmc.ncbi.nlm.nih.gov/articles/PMC9650732/>

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