



NOVIXIL® 2.5

 **Minoxidil** Oral Scored Tablets

Revive, Regrow, Renew



NO scalp irritation



NO hair texture & color change



NO hair look oily & sticky

 **Oral form**

VS

 **Topical form**

More efficacy due to lower need for follicular sulfotransferase enzyme activity

Demonstrating lower efficacy in promoting hair follicle growth

Taken once daily, simple routine

Requires twice-daily application

Promotes uniform hair density

Results vary depending on application coverage



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Low Dose of Oral Minoxidil (LDOM):

Many forms of alopecia are off-label indications for oral minoxidil. Recently, multiple studies have explored using **low-dose oral minoxidil (<5 mg daily)** for treating many forms of alopecia, including **male-patterned** and **female-patterned** hair loss, to treat hair loss without adverse reactions.

The low adverse-effect profile of low-dose oral minoxidil aids in long-term adherence to treatment and positive clinical response.⁽²⁾

Oral Minoxidil Dosage for alopecia treatment:



Female-Pattern alopecia

0.5 - 2.5 mg per day.

This dose should be started at the lowest dose and increased only if necessary.

It is usually prescribed for a minimum period of 6 months.



Male-Pattern alopecia

1.25 - 5 mg per day.

Initial doses of 1.25 mg/day can be tried, but if there is no response after six months, a higher dose (2.5 to 5 mg/day) may be needed.

Oral minoxidil at very low doses (0.25 mg/day) **is not recommended in men** because studies have not found it effective.^{(1),(3),(4)}

Hypertrichosis:

Side effects occur less frequently with Low Doses of Minoxidil than with high doses (therapeutic doses for hypertension).

- A common side effect of minoxidil is Hypertrichosis. **Hypertrichosis** is more common among patients taking 5 mg daily, occurring in more than half of these patients. A dose of 0.25 mg has the lowest incidence of hypertrichosis (less than %10 of patients).
- Patients prefer to manage hypertrichosis with hair removal methods while continuing therapy, provided that they can appreciate the benefits of Low-Dose Oral Minoxidil.⁽⁵⁾

References:

1. <https://hairverse.com/oral-minoxidil/>
2. <https://www.ncbi.nlm.nih.gov/books/NBK482378>
3. <https://www.ncbi.nlm.nih.gov/books/NBK482378/>
4. Minoxidil - StatPearls - NCBI Bookshelf/
5. <https://pmc.ncbi.nlm.nih.gov/articles/PMC9650732/>

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